

September Lunch - PreK



Monday	Tuesday	Wednesday	Thursday	Friday
<p>No School Labor Day</p> <p>1</p>	<ul style="list-style-type: none"> Spaghetti Marinara (VG) Vegetable: Pinto Beans <p>2</p>	<ul style="list-style-type: none"> Cajun Chicken (DF) Vegetable: Local Sweet Potatoes <p>3</p>	<ul style="list-style-type: none"> All Natural Cheeseburger Vegetable: Shredded Lettuce and Sliced Tomatoes with Ranch <p>4</p>	<ul style="list-style-type: none"> No School for Students Staff PD Day <p>5</p>
<ul style="list-style-type: none"> Cheese Pizza (VG) Vegetable: Local Corn <p>8</p>	<ul style="list-style-type: none"> Chicken Marinara Bake Vegetable: Steamed Carrots <p>9</p>	<ul style="list-style-type: none"> Chicken Teriyaki (DF) Vegetable: Local Green Beans <p>10</p>	<ul style="list-style-type: none"> Chicken Bites (DF) Vegetable: Seasoned Black Beans <p>11</p>	<ul style="list-style-type: none"> Macaroni and Cheese (VG) Vegetable: Local Braised Greens <p>12</p>
<ul style="list-style-type: none"> Cheese Lasagna (VG) Vegetable: Local Sweet Potatoes <p>15</p>	<ul style="list-style-type: none"> Cheesy Chicken Quesadilla Veggie Chili (VG) Tuna Salad Sandwich (DF) Vegetable: Broccoli <p>16</p>	<ul style="list-style-type: none"> Chicken Taco Trio BBQ Chicken with Cheesy Rice Sesame Tofu Wrap (VG) Vegetable: Local Corn <p>17</p>	<ul style="list-style-type: none"> Blackened Tilapia with Dirty Rice Chicken Pasta Alfredo Sunbutter Jelly Sandwich (VG) Vegetable: Seasoned Black Beans <p>18</p>	<ul style="list-style-type: none"> Grilled Chicken Sandwich (DF) Cheese Pizza (VG) Turkey and Cheese Sandwich Vegetable: Local Green Beans with Ranch <p>19</p>
<ul style="list-style-type: none"> BBQ Chicken Sandwich Vegetable: Local Corn <p>22</p>	<ul style="list-style-type: none"> Cheese Lasagna (VG) Vegetable: Pinto Beans <p>23</p>	<ul style="list-style-type: none"> NEW!! Cheese Ravioli (VG) Vegetable: Local Green Beans <p>24</p>	<ul style="list-style-type: none"> Pasta Alfredo (VG) Vegetable: Shredded Lettuce and Sliced Tomatoes <p>25</p>	<ul style="list-style-type: none"> Chicken Teriyaki (DF) Vegetable: Local Sweet Potatoes <p>26</p>
<ul style="list-style-type: none"> Chicken Fajita Burrito Vegetable: Local Corn <p>29</p>	<ul style="list-style-type: none"> Chicken Bites (DF) Vegetable: Shredded Lettuce and Sliced Tomatoes <p>30</p>			

Lunch: choice of 1% or fat-free milk, fresh fruit available daily.

All grains served are whole grain-rich

Dairy-free (DF) and vegetarian (VG) menu items available daily – if not listed on the menu, then available upon request.

This institution is an equal opportunity provider.



real food for all™