

November Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
Zac Omega Bar Berry 3	Lemon Poppyseed Muffin 4	Plain Whole Wheat Bagel with Cream Cheese 5	Blueberry Muffin 6	Dipper Doodle Bar 7
Yogurt and Granola 10	NO SCHOOL VETERANS DAY 11	Flurries Cereal 12	Lemon Poppyseed Muffin 13	Apple Muffin 14
Cocoa Bops Cereal 17	Apple Cinna-Grins Cereal 18	Dipper Doodle Bar 19	Plain Whole Wheat Bagel with Cream Cheese 20	Yogurt and Granola 21
No School 24	No School 25	No School 26	No School 27	No School 28

FALL BREAK!



Breakfast: choice of 1% or fat-free milk
 All grains served are whole grain-rich
 Dairy-free (DF) and vegetarian (V) menu items available daily – if not listed on the menu, then available upon request.
 This institution is an equal opportunity provider.