

February Cold Breakfast

Fresh Fruits and Vegetable Program

Ingenuity Prep is proud to be a part of the **Fresh Fruits and Vegetables Program (FFVP)** through generous support from the D.C. Office of the State Superintendent for Education. Participation in the Fresh Fruits and Vegetables Program allows Ingenuity Prep to provide all students with a variety of fruits and vegetables – ones that are often new to our students – each school day as a morning snack



Monday	Tuesday	Wednesday	Thursday	Friday
Cocoa Bops Cereal 2	Yogurt and Granola 3	Blueberry Muffin 4	Zac Omega Bar Apple 5	Lemon Poppyseed Muffin 6
Zac Omega Bar Berry 9	New!! Blueberry Burst Whole Grain Bagel and Cream Cheese 10	Kashi Berry Blossoms Cereal and a Zac Attack Apple Bar 11	Dipper Doodle Bar 12	Blueberry Muffin 13
NO SCHOOL PRESIDENT'S DAY 16	Zac Omega Bar Strawberry 17	Flurries Cereal 18	Apple Muffin 19	Dipper Doodle Bar 20
Honey Buttons Cereal 23	Blueberry Muffin 24	Plain Whole Wheat Bagel with Cream Cheese 25	Dipper Doodle Bar 26	New!! Blueberry Burst Whole Grain Bagel with Cream Cheese 27



Breakfast: choice of 1% or fat-free milk
 All grains served are whole grain-rich
 Dairy-free (DF) and vegetarian (VG) menu items available daily – if not listed on the menu, then available upon request.
 This institution is an equal opportunity provider.