

March Breakfast

Ingenuity Prep participates in the Fresh Fruits and Vegetables Program (FFVP). Through this program, students are able to try new fruits and vegetables not usually available to them during morning snack.



Monday

Tuesday

Wednesday

Thursday

Friday

Cocoa Bops Cereal 2	Apple Cinna-Grins Cereal 3	Apple Muffin 4	Honey Buttons Cereal 5	Lemon Poppyseed Muffin 6
Yogurt and Dick and Jane Smart Crackers 9	Blueberry Burst Bagel with Cream Cheese 10	New!! Mini Dipperdoodle and a Hard Boiled Egg 11	Zac Omega Bar Strawberry 12	Blueberry Muffin 13
Zac Omega Bar Apple 16	Apple Cinna-Grins Cereal 17	Cocoa Bops Cereal 18	Blueberry Burst Bagel with Cream Cheese 19	RF Flurries Cereal 20
Dipperdoodle Bar 23	Zac Omega Bar Berry 24	Yogurt and Granola 25	Kashi Berry Blossoms Cereal and a Mini Dipperdoodle Bar 26	NO SCHOOL STAFF PD 27
NO SCHOOL SPRING BREAK 30	NO SCHOOL SPRING BREAK 31			



Breakfast: choice of 1% or fat-free milk
 All grains served are whole grain-rich
 Dairy-free (DF) and vegetarian (VG) menu items available daily – if not listed on the menu, then available upon request.
 This institution is an equal opportunity provider.

real food for all™