

March Lunch K-1

Ingenuity Prep participates in the Fresh Fruits and Vegetables Program (FFVP). Through this program, students are able to try new fruits and vegetables not usually available to them during morning snack.



Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast for Lunch: Pancakes with Sausage Vegetable: Local Sweet Potatoes 2	Chicken Bites (DF) Vegetable: Sliced Cucumbers with Ranch 3	BBQ Chicken Sandwich Vegetable: Local Corn 4	Cheese Ravioli (VG) Vegetable: Blanched Broccoli Florets with Edamame 5	New!! BBQ Chicken Quesadilla Vegetable: Local Braised Greens 6
Cheese Pizza (VG) Vegetable: Local Green Beans 9	BBQ Chicken Wings with Cheesy Rice Vegetable: Baby Carrots and Garbanzo Beans 10	Chicken Fajita Burrito Vegetable: Local Sweet Potatoes 11	Beef, Bean and Cheese Burrito Vegetable: Shredded Lettuce and Sliced Tomatoes with Ranch 12	Cheese Enchiladas (VG) Vegetable: Local Corn 13
Veggie Chili (VG) Vegetable: Local Sweet Potatoes 16	Spaghetti Marinara with Parmesan (VG) Vegetable: Baby Carrots and Edamame 17	Chicken Pasta Alfredo Vegetable: Local Corn 18	Cheeseburger Vegetable: Shredded Lettuce and Sliced Tomatoes with Ranch 19	Breakfast for Lunch: Pancakes with Omelet (VG) Vegetable: Local Green Beans 20
Macaroni and Cheese with Mini Dogs Vegetable: Local Corn 23	Chicken Mole Rojo (DF) Vegetable: Shredded Lettuce and Sliced Tomatoes with Ranch 24	Grilled Chicken Sandwich (DF) Vegetable: Local Green Beans 25	Hot Dog (DF) Vegetable: Cherry Tomatoes and Pinto Beans 26	NO SCHOOL STAFF PD 27
NO SCHOOL SPRING BREAK 30	NO SCHOOL SPRING BREAK 31			



Lunch: choice of 1% or fat-free milk
 All grains served are whole grain-rich
 Dairy-free (DF) and vegetarian (VG) menu items available daily – if not listed on the menu, then available upon request.
 This institution is an equal opportunity provider.

real food for all™